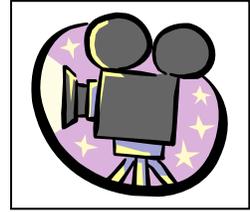


Video Resources



Emergency Preparedness

- The San Francisco Quake, A Matter of Seconds
Discovery Channel – check their schedule
- Earthquake Survival Guide www.oes.ca.gov
- It's Academic www.oes.ca.gov click on "Earthquake Program" then "Resources". You will find a list of videos and publications for sale.
- Make Yourself A Promise Available in English, Cambodian, Cantonese, Mandarin, Korean, Russian, Spanish, and English open captioned for the hearing impaired, from TODCO (415) 896-1880 or 1/2-inch format. 1990.
- When the Bay Area Quakes www.oes.ca.gov
- Surviving the Big One, How to prepare for a major earthquake. 60 minutes \$19.95 + \$3.50 P&H. KCET Video, 4401 Sunset Boulevard, Los Angeles, CA 90027, (800) 343-4727.

Fire Suppression

- Plan to Get Out Alive
- When Disaster Strikes

Utilities

- PG&E Gas & Electric Safety 1-800-743-5000

CISM

- After Shock www.medicfirstaid.com (click on buy products, then videos)
20 minutes \$14.95

Disaster Medicine

- START Triage www.start-triage.com 17 minutes \$185.00

Search & Rescue

- CERT Cribbing Video sam.isenberger@fema.gov

Terrorism

- Coping with Terrorism in a Changing World
Syndistar, Inc. 800-841-9532 22 minutes

CERT Organization

- CERT Training Video sam.isenberger@fema.gov

Public Speaking

Toastmasters www.toastmasters.org

Red Cross Fundamentals of Instructor Training

IS-242 Effective Communication www.fema.gov (PDS Series)